



July NSES Congregate



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Sidekim Foods Wishes everyone a Safe and Happy Independence Day

<p>5 Baked Chicken with Supreme Sauce Roasted Yukon Potato Spring Vegetable Mix Chocolate Brownie Rye Bread</p>	<p>6 Stuffed Shells With Meat Sauce Brussels Sprouts Garden Salad with dressing Berry Cup Vienna Bread</p>	<p>7 Shaved Roast Beef Red Potato Salad with Bacon Tomato Cucumber Salad Blueberry Crisp with topping LF Mayo Soft Sandwich Roll</p>	<p>8 Turkey Medallions with Dijon Sauce Roasted Red Potatoes Green Salad w/ dressing Seasonal Fresh Fruit Cherry Snack n Loaf</p>	<p>1 Greek Mousaka with Sauce Roasted Potatoes Green Beans W/ Diced Tom. Pound Cake Rye Bread</p> <p>2 Dilled Seafood Salad Field Greens Vegetable Pasta Soup Fresh Seasonal Fruit Dressing & Crackers Whole Wheat Hot Dog Roll</p>
<p>12 Salisbury Steak with Onion Gravy Whipped Golden Potato Fresh Carrots Chilled Peaches Whole Wheat Bread</p>	<p>13 Roast Pork Apple Gravy Roasted Red Potatoes PEI Blend Vegetables Van Pudding with Top. Db choc Rye Bread</p>	<p>14 Hazy Lazy Lobster Lobster Salad on a Bed of Lettuce & Tomato Pasta Salad & Cole Slaw Fresh Watermelon Finger Roll</p>	<p>15 Open Faced Turkey with Gravy Whipped Potato Sweet Peas Key Lime Pie -DB Bkd Apple Scali Bread</p>	<p>16 Southern Style Chix with BBQ Sauce Rice & Beans Cole Slaw Seasonal Fresh Fruit Apple Cinnamon Muffin</p>
<p>19 Cheese Lasagna with Meat Sauce Italian Style Green Beans Caesar Salad w/ dressing Strawberry Pineapple Cup French Bread</p>	<p>20 Dijon Egg Salad Roasted Sweet Potato Salad Tomato Florentine w/ crackers Fresh Seasonal Fruit Rye Bread</p>	<p>21 Chicken Pot Pie with Peas & Carrots Whipped Potato Puff Pastry Red Jell-O w/ Top db orange Whole Wheat Bread</p>	<p>22 Baked Meatloaf Country Gravy with Onions Scallop Potato Fresh Carrots Fresh Seasonal Fruit Cherry Snack n Loaf</p>	<p>23 Roasted Honey Pork with a Golden Raisin Sauce Confetti Pilaf Zucchini & Red Peppers Carrot Cake db baked apples Whole Wheat Roll</p>
<p>26 Reduce Sodium Hot Dog Vegetarian Baked Beans Fresh Summer Squash Fresh Watermelon Mustard & Ketchup Brown Bread</p>	<p>27 Italian Style Meatballs with Spaghetti Garden Salad w/ dressing Capri Blend Vegetables Mandarin Oranges Scali Bread</p>	<p>28 Grilled Chicken Sand Vegetable Rice Soup w/crks Broccoli Slaw LF Mayo Fresh Seasonal Fruit Kaiser Roll</p>	<p>29 Country Style Beef Stew Loaded with Veggies Basil Whipped Potato Tapioca Pudding db. Vanilla Oatmeal Bread</p>	<p>30 Lime & Cilantro Baked Scrod w/ lemon wedge Roasted Potatoes Peas & Pearl Onions Marble cake db. Angel food Whole Wheat Roll</p>

Menu subject to change without notice